

The Darent Federation of Schools

Personal, Social, Health and Economic (PSHE) Policy



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PSHE Policy

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1. Federation Vision and Values

Across the Darent Federation, we believe that every child is unique, valued and capable of flourishing. Our schools work collaboratively to provide a nurturing, inclusive and ambitious education that enables pupils to develop academically, socially and emotionally, and to grow into confident, responsible and compassionate members of society.

PSHE supports our shared commitment to:

- Inclusion and equity
- Pupil wellbeing and mental health
- Respectful relationships
- Safeguarding and personal safety
- Preparation for life in modern Britain

2. Aims

Personal, Social, Health and Economic Education (PSHE) is a central part of the Darent Federation curriculum. It supports pupils' spiritual, moral, social, cultural, mental and physical development and prepares them for the opportunities, responsibilities and challenges of later life.

Through PSHE, pupils across the Federation will:

- Develop the knowledge and skills to lead healthy, safe and balanced lives
- Build positive, respectful and caring relationships
- Understand how to keep themselves and others safe, both offline and online
- Develop emotional literacy, resilience and self-esteem
- Learn about rights, responsibilities and British values
- Understand how to contribute positively to their school, local community and wider society

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3. Statutory Requirements

PSHE is a non-statutory subject; however, schools within the Federation must teach the following statutory elements:

- Relationships Education (Children and Social Work Act 2017)
- Health Education (DfE statutory guidance, 2019 – currently in force)

The Federation also teaches age-appropriate Sex Education, in line with Department for Education recommendations. Parents retain the legal right to request withdrawal from non-statutory elements of Sex Education.

Further detail is set out in each school's Relationships and Sex Education (RSE) Policy.

4. Content and Delivery

4.1 Curriculum Framework

PSHE across the Darent Federation is delivered through a spiral curriculum, ensuring clear progression in knowledge, skills and understanding from EYFS through to Year 6.

Both schools use Kapow Primary's PSHE scheme as the core resource to support planning and delivery. Kapow Primary is fully aligned with statutory Relationships and Health Education guidance and reflects current best practice.

The PSHE curriculum is structured around three core themes:

- Health and Wellbeing
- Relationships
- Living in the Wider World

Each school adapts delivery to meet the needs of its pupils and community while maintaining Federation-wide consistency and expectations.

4.2 Pupil Voice

Pupil voice is central to PSHE across the Federation. Opportunities to gather pupil views include:

- School Councils
- Nurture provision
- Rights Respecting Schools work
- Class discussion, circle time and reflection activities

Pupil feedback is used to shape curriculum priorities, teaching approaches and pastoral provision.

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4.3 Teaching and Learning

- PSHE is taught weekly through discrete lessons
- Lessons are planned by teachers and may occasionally be delivered by trained support staff or external visitors
- A range of teaching approaches are used, including discussion, role-play, stories, drama, collaborative work and reflection
- PSHE is reinforced through collective worship, behaviour expectations, enrichment activities and daily interactions

4.4 Inclusion and SEND

PSHE is taught inclusively across the Federation. Lessons are adapted to ensure that all pupils, including those with SEND, can access learning.

Teaching is:

- Age-appropriate
- Sensitive to pupils' backgrounds and experiences
- Delivered in a supportive and respectful environment

5. Safeguarding and Sensitive Issues

PSHE makes a significant contribution to safeguarding by teaching pupils about:

- Healthy and unhealthy relationships
- Consent and personal boundaries
- Online safety and digital resilience
- Where and how to seek help

All staff follow Keeping Children Safe in Education (latest edition) and the Federation's Child Protection Policy when managing disclosures. Pupils are made aware that confidentiality cannot always be guaranteed.

Ground rules are established for sensitive discussions, and teaching is balanced, factual and appropriate to pupils' age and maturity.

6. Assessment and Reporting

Assessment in PSHE is primarily formative and may include:

- Teacher observation
- Pupil discussion and reflection
- Evidence in class floor books or learning journals

Progress and engagement in PSHE are shared with parents through annual reports and parent consultation meetings.

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7. Roles and Responsibilities

Governing Bodies:

Approve the policy and monitor its implementation across the Federation.

Executive Headteacher:

Ensures Federation-wide consistency, quality and statutory compliance.

Staff:

- Deliver PSHE sensitively and professionally
- Model positive relationships and behaviours
- Respond appropriately to pupil needs

Pupils:

- Engage respectfully in lessons
- Listen to others and contribute thoughtfully

8. Monitoring and Review

PSHE provision is monitored by the Executive Headteacher and senior leaders through:

- Planning reviews
- Learning walks
- Pupil voice
- Staff discussion

This policy is reviewed every two years or sooner if national guidance changes.

9. Links with Other Policies

This policy should be read alongside:

- Child Protection Policy
- Behaviour Policy
- Equality Information and Objectives Statement
- Relationships and Sex Education (RSE) Policies (school-specific)